



Risk Management
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Too sick for the field trip?

Signs and Symptoms to Look For

When preparing your student to participate in a school field trip, please consider the following information. It is important that parents evaluate their child's health and readiness for the field trip activity.

Parents/guardians will be contacted if the school nurse or health technician observes any symptoms or behaviors indicating the student may not be well enough to participate in the field trip.

General Guidelines:

- If your child is or could be contagious to other children
- If your child is too uncomfortable to learn or participate in learning.

Fever:

- Temperature of 100 degrees or higher
- Must be fever free for 24 hours without fever-reducing medicines, such as Tylenol or Ibuprofen (i.e., Advil, Motrin)

Diarrhea:

Frequent watery stools

Appearance/Behavior:

Unusually tired, pale, or irritable, fever

Ear:

Ear pain and/or drainage from ear, fever

Eyes:

Eye drainage, redness and/or itching

Rash:

Body or local rash especially with itching, red bumps, discharge

Sore Throat:

Especially with fever, swollen neck glands and/or white areas on throat

Vomiting:

Especially if your child vomits before leaving for school in the morning

Upper Respiratory Infections/Colds:

If your child has a fever, large amounts of nasal drainage, a productive or dry cough that would be disruptive to your child and/or class, and/or be significantly uncomfortable and unable to participate in class.

Recent Head Injury:

Call your health care provider if:

- Your child is knocked unconscious
- Headache
- Nausea/vomiting
- Unequal pupils/blurred vision, double vision
- Slurred speech/confusion/excessive drowsiness
- Loss of muscle coordination, such as falling down, dizzy, walking strangely or staggering
- Convulsions/seizures
- Bleeding or discharge from ear/nose

Head Lice:

- Tiny gray/tan insects, gray/white nits (eggs) close to scalp, or itchy head. This may indicate that your child has lice and should be treated immediately. No child should attend a Field Trip until the lice have been treated and removed.
- How to check for head lice:
 - Look behind the ears or nape of neck in a well-lit room
 - Look directly on scalp and shaft of hair
 - Wash hands after examination

This information is for educational purposes. The Poudre School District Nurses and Health Technicians do not diagnose medical conditions. Please consult with your primary health care provider for questions about diagnosis, treatment or concerns regarding your child's participation in the field trip. Our goal is to promote healthy environments for all students and staff.

Thank you for your cooperation